

February
2023

Wichita County 4-H



Head Heart Hands Health

940-716-8610

CONTACT INFORMATION

Wichita County 4-H
600 Scott St, #200
Wichita Falls, TX

940-716-8610

Katrena.mitchell@ag.tamu.edu

AGENT NOTES

KATRENA MITCHELL, 4-H YOUTH DEVELOPMENT

Hello!

I hope everyone survived the ice and cold well!
We have several projects with deadlines coming up! If you're interested in any of them, speak up!!

Have a Fabulous February!

As always, ask questions and we will see you somewhere soon!





Volunteers still needed for
Home & Garden Show!



Come help us
educate about
the importance
of Agriculture!

<https://www.signupgenius.com/go/70A044EACAD23A6FD0-home3>
or scan the QR Code. If the shifts don't work for you that day, please let me know!

Ag Day Monday Feb 27



We are assisting Farm Bureau and the
Arts Council with an Ag Day the
Monday following Home & Garden for
local elementary students.

We will need lots of helpers that day!
School notes provided to have the day
off!

<https://www.signupgenius.com/go/70A044EACAD23A6FD0-agdayfeb>
or scan the QR code.

4-H Fashion Project

The 4-H Fashion project is actually several projects. The first one is Fashion Show. 4-Hers can make or purchase an outfit to showcase. They get to present information to judges and then model their sense of style at the District Fashion Show. If interested, let me know. We do have sewing machines available or we always love to go shopping!

WICHITA COUNTY 4-H

FASHION PROJECT



Let your creativity shine! 4-Hers can sew or purchase items for a fashion show! There are multiple categories to choose from.

March 4 is the tentative date if we need to have a County Fashion Show!

Check out the QR Code for all the District rules & Guidelines



ENTRIES DUE FEBRUARY 17TH TO THE EXTENSION OFFICE!

Fashion Storyboard

Another project that falls under Fashion is the Fashion Storyboard.

Create your own design in one of 6 categories. This is done all virtually. Let your creative juices flow!



The graphic features a woman in a yellow top and purple pants adjusting a pink dress on a mannequin. The background is a mix of yellow and light blue with decorative circles. Text and a QR code are on the right.

Wichita County 4-H
Head Heart Hands Health
940-716-8610

Fashion Storyboard

Create an original design that fits within one of 6 categories!

Create in an online program and submit!

Click the QR code for more information!



Duds to Dazzle

Another project that falls under Fashion is the Duds to Dazzle project.

Your Team challenge is to create a new item out of something you are given within 60 minutes. Your team is assigned a category and you work together to design and create something new. At the end of the time, you present your creation to the judges and explain how you made it.



Current Projects!

Shooting Sports!

Cowpoke City offers up shooting sports practices on a weekly basis all dependent upon weather and a few other things. Club Manager and Coach Danelle Ivey can be reached by text at 915-433-5431

Northwest Texas Field & Streams will host a Black Powder class on February 26. \$25 registration fee payable to the Extension Office.

Their trap class will start on February 21 from 6-8:30pm with a mandatory meeting for all first year participants. Then every Tuesday from 4-6pm thru May 2.

Spring 4-H Activities:

Dog obedience & training

Photography

Sewing & Fashion

Consumer Decision Making

Horse Judging

Quiz Bowls: Horse, Livestock, FCH

Fashion Storyboard

District Roundup: Educational Presentations; Public Speaking; Talent Showcase; STEM Poster Board

To read up on these upcoming 4-H projects, check out the District 3 4-H website:

<https://d34-h.tamu.edu/d-3-4-h-programs/>

or

on Texas 4-H: <https://texas4-h.tamu.edu/>



4-H CLUB MEETINGS

Burkburnett 4-H:
4th Monday of the month
6pm BMS Cafeteria

Cowpoke City 4-H: TBD

Valley View 4-H:
1st Monday of the month
next meeting is Feb 6
Faith Baptist Church

Explorers 4-H:
Feb 10 at 10am at the Extension
Office

Holy Family Classical Academy
TBD

Why Attend a 4-H Meeting?

4-H meetings are the best way to meet other 4-Hers and learn about upcoming projects and activities. Meetings are led by Club Officers with the support of the Club Manager and the Extension Agents.

Club Managers:

Burkburnett 4-H:
Susann Bailey & Amy Fischer

Cowpoke City 4-H:
Danelle Ivey

Explorers 4-H:
Kathy Love

Valley View 4-H:
Kris Lovelady & Angie Adams

Holy Family Classical Academy
Colleen Foley

Club Manager Openings for:
Horse Club
Outdoor Adventures

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



Horse Show Info!

Horse Validation will start in March. The new State Horse Show rules are now available. Scan the QR code or use the link below.

****Leased horses are now eligible to be shown at District & State. This is a NEW rule!**



https://texas4-h.tamu.edu/wp-content/uploads/horse_rules_regulations_2023.pdf



ATTENTION FRESHMEN, SOPHOMORES, & JUNIORS!

Interested in the College of Agriculture & Life Sciences at Texas A&M University? Visit us for Texas 4-H Day hosted by the College of Agriculture & Life Sciences on March 30th in College Station, Texas! You will experience a campus tour, presentations on admissions and scholarships, meet current students, and see what life is like as a student at Texas A&M!

Check out the College of Agriculture & Life Sciences majors here:

<https://aglifesciences.tamu.edu/.../undergraduate.../>

Space is limited, make sure to signup starting February 1, 2023! Cost is \$30 per 4-H member, and parents are free!



2023
Spring

Virtual **TEXAS 4-H REEL 'EM IN**

2023 FISHING SKILL-A-THON

Program Highlights:

- Register **individually** as 4-H youth (grades 3-12) or *Clover Kid (grades K-2) via 4HOnline at <https://v2.4honline.com/> beginning February 1st
- Clover Kids - FREE to participate and will receive a participation certificate
- Prizes to be listed March 2023
- Judging via FishDonkey App (no fee to use app!) Rules posted February 1st at <https://d54-h.tamu.edu/>

Species Divisions:

- Saltwater - Spotted Seatrout, Sheepshead & Redfish
- Freshwater - Bass, Crappie & Catfish

More Ways to Win!

- Longest single fish or stringer by tournament, species, division and overall
- Grand Slam - post 3 different fish species within species division
- Wild Card - random drawing of all fish posted on FishDonkey

Fee:

- Regular Registration: February 1-March 7, \$50 flat fee per division per 4-H participant (saltwater and/or freshwater)
- Late Registration: March 8-31, \$100

Questions?

- Contact Jheri-Lynn McSwain, Ph.D.,
Extension Program Specialist at
jlmcswain@ag.tamu.edu



Spring Tournament

Fish at YOUR Location:
March 20 at 12:00 am thru
May 31 at 11:59 pm

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

Registration is open on 4Honline.com

It's time to register for the 2023 Spring 4-H Virtual Fishing Skill-a-thon! FREE official Check-it-Stik to all first time 4-H participants. Clover Kids are invited to participate.

2022-23 District 3 4-H Contests

Here's the calendar of District 4-H Contests for this year.

If you see a project you'd like to know more about, ask!

We are always looking for great volunteers and parents to help coach these.

Friday, March 31, 2023	Meat Judging	Canyon
Saturday, April 1, 2023	Fashion Show	Archer City
Saturday, April 1, 2023	Duds to Dazzle	Archer City
Saturday, April 1, 2023	Fashion Storyboard	Virtual
Saturday, April 15, 2023	Consumer Decision Making	Vernon
Saturday, April 15, 2023	District Roundup, Share the Fun, S.E.T., Public Speaking, Educational Presentations	Vernon
Saturday, April 15, 2023	Photography	Virtual
Saturday, April 22, 2023	Rifle/Pistol	Wichita Falls- NWTF&S
Tentative 4/28/23	Horse Judging	Vernon
Monday, May 1, 2023	FCH Quiz Bowl - PM	Vernon
Monday, May 1, 2023	Livestock Quiz Bowl	Vernon
Monday, May 1, 2023	Horse Quiz Bowl	Vernon
Saturday, May 6, 2023	Trap Contest	Iowa Park
Saturday, May 13, 2023	Archery	Archer City
6/15/2023 - 6/17/23	Teen Leader Lab	Leuders TX
6/21/2023 - 6/23/2023	Horse Show	TBA
Monday, July 17, 2023	Record Book Judging	Archer City

SAVE THE DATE

EXPLORE

Dallas
Fort Worth
Area



CORE
academy
Career Opportunities Reflecting Excellence

TEXAS A&M
AGRI LIFE
EXTENSION

REGISTRATION DEADLINE
May 1st

One of the goals of the CORE Academy is to bring awareness to an assortment of possible careers. These careers do not focus on any one discipline. Career tours can be anything from hospitality, tourism, manufacturing, criminal justice, culinary arts, agriculture & natural resources, to marketing and promotions. The objective is to expose the youth to careers and businesses that they may have never considered.

JUNE
26th - 30th
2023

Texas A&M AgriLife Extension will provide equal opportunities in programs and activities, education, and advancement to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity.

2023 Indoor Archery Match

Registration is now OPEN

Registration Ends March 1, 2023

If you have any questions, please contact the Texas 4-H Shooting Sports office at 979-845-1214

2023 Texas 4-H Dog Show T-shirt Contest

Entry Submission Rules & Guidelines:

- Must be a 4-H member (single entry submission)
- Can use two ink colors in addition to the color of the shirt. Example: If the design calls for red, white and blue, one of those colors should be the color of the shirt. **Do not** select white as the shirt color choice.
- The design should fit on the front side of the t-shirt (12 inch design maximum)
- Be creative and develop an **original design**.
- Simple designs are more effective and easier to screen print. Designs may have to be modified slightly to include the proper clover logo and to clean up details.
- Entries should be emailed to Cory.hundl@ag.tamu.edu by February 15, 2023
- Must be JPEG or PNG format
- Include the following in your email:
 - 4-H Member's Name
 - Grade
 - County
 - Attach Image/Design
- Entries will be judged based on 4-H Age Divisions
 - Clover Kids (K-2nd grade)
 - Junior (3rd - 5th)
 - Intermediate (6th - 8th)
 - Senior (9th - 12th)
- An overall design will be selected from the first place entries of each age division listed above




TEXAS A&M AGRILIFE EXTENSION

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

TEXAS 4-H LANDSCAPE DESIGN

JUNE 5, 2023
College Station, TX
Hosted by the Texas A&M University Horticulture Department




OBJECTIVE

- Enhance 4-H members landscape design knowledge
- Promote professionalism to 4-H students by simulating a real-life interaction between customer and landscape professionals
- Expose 4-H members to career opportunities in horticulture related fields
- Highlight a degree in a horticultural related field



This is not an official Texas 4-H Roundup contest. Youth that compete in this event will be provided the opportunity to also register for Texas 4-H Roundup held that same week.

CONTACT INFORMATION

Jayla Fry, Superintendent
jayla.fry@ag.tamu.edu
979-845-3308

CONTEST INFORMATION

<https://texas4-h.tamu.edu/projects/horticulture>

State 4-H Livestock & Equine Ambassadors

For our High School Youth. Applications open Feb 15.

Texas 4-H Livestock Ambassador Program

June-July, 2023 | Three Short Course Locations

EMBRACING OUR PAST. ENGAGING OUR PRESENT. DEFINING OUR FUTURE.

Today, the average American is at least three generations removed from the farm. It is essential that the upcoming generation be able to bridge the gap between consumers and farmers.

Through collegiate level training combined with hands-on experience, Ambassadors will be equipped with the skills and knowledge needed to serve as stewards of the livestock industry.



Developing the Next Generation of Industry Leaders

- Obtain opportunities to serve in advocacy roles for animal agriculture, 4-H, and junior livestock programs
- Experience in the university setting through intensive, science-based instruction and hands-on-learning
- Develop a heightened awareness of career opportunities in animal agriculture and advocacy

TEXAS A&M
AGRILIFE
EXTENSION

TYLA
TEXAS YOUTH LIVESTOCK & AGRICULTURE
Embracing our past. Engaging our present. Defining our future.

Texas 4-H Equine Ambassador Program

JUNE 22-JUNE 25, 2023 | COLLEGE STATION, TEXAS

EMBRACING OUR PAST. ENGAGING OUR PRESENT. DEFINING OUR FUTURE.

Today, the average American is at least three generations removed from the farm. It is essential that the upcoming generation be able to bridge the gap between consumers and farmers.

Through collegiate-level training combined with hands-on experience, Ambassadors will be equipped with the skills and knowledge needed to serve as stewards of the equine industry.



Developing the Next Generation of Industry Leaders

- Obtain opportunities to serve in advocacy roles for animal agriculture, 4-H, and junior equine programs
- Experience in the university setting through intensive, science-based instruction and hands-on-learning
- Develop a heightened awareness of career opportunities in the equine industry

TEXAS A&M
AGRILIFE
EXTENSION

TYLA
TEXAS YOUTH LIVESTOCK & AGRICULTURE
Embracing our past. Engaging our present. Defining our future.

Our mission is to prepare youth to serve the livestock industry through advocacy, leadership and networking.

To Apply and Be Eligible to Serve, Students Must Be:

- Freshman - Senior (2023-2024 School Year)
- Demonstrate leadership in the livestock and agriculture industry
- Passion for communication and advocacy
- Rank top 25% academically
- Currently be enrolled in Texas 4-H

2023 Short Course Dates:

- Texas A&M University-Kingsville: June 26-29, 2023
- Texas A&M University: July 17-20, 2023
- West Texas A&M University/Texas Tech University: July 24-27, 2023

2023 Program Fees

\$350 - Includes all branded apparel, meals, lodging, and travel during the short course.

"This program has allowed me to have a more sustainable voice for all in agriculture. My time and relationships built with the people throughout the entirety of the Ambassador Program has made me the richest person in the world."

- Former Livestock Ambassador



Apply Online

Visit www.texasyouthlivestock.com

Applications will be available online under the Livestock Ambassador tab on:

February 15, 2023

Applications will be due on:

April 15, 2023

More Information

Kelley Ranly
Leadership Coordinator

979.321.5327

Kelley.Ranly@ag.tamu.edu

@texasyouthlivestock

Our mission is to prepare youth to serve the equine industry through advocacy, leadership and networking.

To Apply and Be Eligible to Serve, Students Must Be:

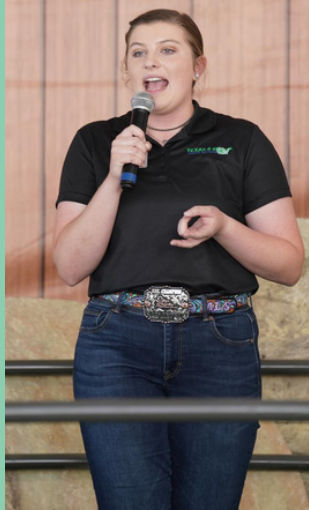
- Freshman - Senior (2023-2024 School Year)
- Demonstrate leadership in the equine industry
- Passion for communication and advocacy
- Rank top 25% academically
- Currently be enrolled in Texas 4-H

2023 Program Fees

\$350 - Includes all branded apparel, meals, lodging, and travel during the short course.

"I am so thankful for this life-changing opportunity. I feel like I am better equipped to serve and teach others about the equine industry. I am now much more aware of the career I want to pursue one day."

- Former Equine Ambassador



Apply Online

Visit www.texasyouthlivestock.com

Applications will be available online under the Equine Ambassador tab on:

February 15, 2023

Applications will be due on:

April 15, 2023

More Information

Kelley Ranly
Leadership Coordinator

979.321.5327

Kelley.Ranly@ag.tamu.edu

@texasyouthlivestock

Upcoming Club Meetings:

Valley View: Monday Feb 6

Faith Baptist Church, Iowa Park 6:30pm

Please bring blankets, warm socks, gloves, etc., to donate to Faith Mission as our community service project.

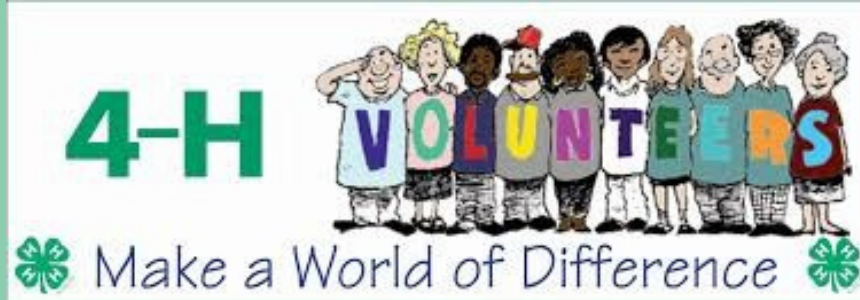
Explorers 4-H: Friday Feb 10

10am at the Extension Office

Will be making Valentines to deliver to a nursing home for the community service project.

Ways of communication:

- Watch for and read Friday emails
- Follow Wichita County 4-H Club on Facebook & Instagram
- Most of the Clubs also have their own Facebook Page or Group. Join them!
- Sign up for REMIND: text @h3dhha to the number 81010
- Any questions--call the office 940-716-8610 or text Katrena at 940-631-1861



Attention Parents!

We have a couple of Volunteer Job openings and are looking for people to volunteer!

Club Managers:

Help schedule club meetings & activities. Grab a friend as your Co-Manager!

Needed for the Horse Club & Outdoor Adventures!

Project Leaders:

Help teach a project. Can be a one time opportunity or a series of lessons.

Ex: Food & Nutrition Project

Are you handy with a crockpot? Able to cut up a chicken? Know how to can?

Know how to supervise 4-Hers learning or making a dish? We need you!

Volunteers have to be registered on 4Honline.com

Public Speaking & Educational Presentations

It's time to start thinking about speeches!

District Roundup is April 15 in Vernon

Project Meeting Feb 7 at 4pm at the Extension Office.

Please RSVP by Feb 6.

Bring a copy of your favorite Song Lyrics!

A **4-H educational presentation** is a demonstration of your knowledge and skills in a certain project area. This presentation is done in a way that is most comfortable to you. It can be accomplished using props (method demonstration), posters or media presentations (illustrated talk), or it can be you just speaking and convincing, or simply educating, with words alone (public speaking).

Categories:

Agricultural Technology & Farm Safety

Open Ag & Natural Resources

Promote 4-H

Beef

Horse

Open

Open Family & Community Education

Safety & Injury Prevention

Animal Science

Health & Wellness

Public Speaking

Interested in presenting a speech on current events and issues? 4-H members have the opportunity to present a 5 to 8 minute suitable as a platform speech or radio broadcast. The presentation should serve to persuade others regarding a particular issue or concern. Visual aids and props may not be used. Contestants should be prepared to answer questions concerning the subject matter of their presentation following their conclusion.



There are many of you whom I'd love to see do an Educational Presentation or Public Speaking. This is a lifelong skill you will use everywhere!

Let's do it! Let me know and we will start working on topics and speeches. Let's find a category that you are passionate about.

The County 4-H Photography Entries are due on Feb 17! Get them turned into the office by 5pm on that day!

WICHITA COUNTY 4-H PHOTOGRAPHY CONTEST



Entries due
February 17

Scan the QR code to
go to the Rules!



Wichita County 4-H



Head Heart Hands Health

940-716-8610

Healthy Texas Youth Ambassadors

Must be in at least 9th grade and commit to training to become a healthy youth educator.

HTYA help the Extension Agents promote and educate in the community.

What is the Healthy Texas Youth Ambassador program?

The Healthy Texas Youth Ambassador program is a peer education program of Texas A&M Agrilife Extension and Texas 4-H Youth Development. These trained youth volunteers are passionate about improving the health and wellness of themselves, their peers, and their communities. Healthy Texas Youth Ambassadors are designed to be an outreach of local Agrilife

Who are Healthy Texas Youth Ambassadors?

Healthy Texas Youth Ambassadors are high school age youth who are current members of the Texas 4-H Youth Development program. Ambassadors are intensely trained at the local, regional, and state level in various health topics. Although they are not healthcare workers, they do have basic knowledge that can impact health, wellness, and safety decisions of others. They share this knowledge through a grassroots effort, addressing local issues.

**MAKING
A DIFFERENCE
in HEALTH
SINCE 2018**



WHAT DO HTYAs DO?



- Health Rocks! Substance Free Curriculum Implementation
- Learn Grow Eat Go School Gardening Projects
- Dinner Tonight Healthy Cooking Schools
- Dinner Tonight Junior Program
- Community Health Fairs
- Afterschool Healthy Eating and Physical Activity Programs
- Walk Across Texas!
- E-cigarettes and Vaping Programs
- Distracted Driving Programs

Healthy Texas Youth Ambassadors are trained to become youth health experts

who can motivate others to make changes in their lifestyle and improve overall health. Research has shown that peer-to-peer education can have a positive impact on behavior change. Through a partnership and supervision of the local Agrilife Extension agent, Healthy Texas Youth Ambassadors are able to assist with such activities as school-based health intervention programs, community health events and activities, and service learning.

Contact Us | Healthy Texas Youth Ambassadors are youth volunteers for Texas A&M Agrilife Extension and Texas 4-H Youth Development. To find out more information about the program itself, or others offered through Agrilife Extension, contact:

Texas A&M Agrilife Extension- Wichita County
940-716-8610
katrena.mitchell@ag.tamu.edu

Summer Camps at the 4-H Center.

Registration is now open!

Youth don't have to be in 4-H to participate so grab a friend and go!



Texas 4H Center

- County Camp I: June 25-29 2023
 - Y: \$300, A: \$160
- County Camp II: July 9-13, 2023
 - Y: \$300, A: \$160
- Horizons I: July 2-6, 2023
 - Y: \$300, A: \$160
- South Texas: July 23-27, 2023
 - Y: \$500, A: \$400
- Prime Time I: July 16-19, 2023
 - Y: \$250, A: \$135
- Prime Time II: July 19-22, 2023
 - Y: \$250, A: \$135
- High Adventure Camp: June 18-20, 2023
 - Y: \$200, A: \$115

Register Now

<https://texas4hcenter.tamu.edu>



For further details, visit us at <https://texas4hcenter.tamu.edu>

State 4-H Roundup

A whole week of 4-H Fun and Contest for High School aged 4-Hers!

There's a contest or event for all! Many contests you have to qualify at District for while others are open to anyone who'd like to compete. See those invitational contests at the bottom.

For more information on Roundup, scan the QR Code or go to the link:



<https://texas4-h.tamu.edu/events/roundup/>

Registration will be on 4HOnline starting May 1. Both youth and adults attending will need to register. We encourage adults to go ahead and get their profiles set up in 4HOnline to pre-register. Onsite registration will be available this year for those attending just assemblies. Workshops and contest participation will require registration through 4HOnline for both youth/adults.

INVITATIONAL CONTESTS

- Agricultural Product Identification
 - Archery
- 4-H Science Fair (formerly Discover Scientific Method)
 - Entomology Identification
 - Healthy Lifestyles - NATIONALS
 - Hippology - NATIONALS
 - Invitational Livestock Judging
- Invitational Meat Judging and Identification
 - Livestock Skill-a-thon - NATIONALS
 - Photography Judging
 - Poultry Judging - NATIONALS
 - Range Evaluation - NATIONALS
- Range & Pasture Grass Identification
 - Soil Judging - NATIONALS
 - Robotics Challenge
- Veterinary Science Skill-a-thon
 - Wildlife Challenge
- Wool & Mohair Judging & Evaluation (NATIONALS – Wool Judging)